

Dr.Ambedkar College, Deekshabhoomi, Nagpur

DEPARTMENT OF CHEMISTRY

CHEMICAL SOCIETY

GUEST LECTURE

“Anger Management”

Date : 5^h August 2019

REPORT

Chemical Society, Department of Chemistry organized a guest lecture on “**Anger Management**” at Seminar Room No. 001 on 5/8/2019. Guest speaker was **Dr. Ravindra Tirpude**, Assistant Professor, **Department of Marathi**, Dr. Ambedkar College, Nagpur

Dr. Tirpude explained the audience what are the different factors which cause anger. He discussed the side effects of anger and why it is important for the young generation to control their anger. In anger, we take wrong decisions, we spoil relations, and we waste our precious time and energy. Anger is spontaneous and if it not controlled, it can affect many person, this he explained via showing some interesting video clips. He also explained various methods by which one can control anger.

Dr. Deepa Panhekar, Head, Department of Chemistry welcomed the guests and audience. Ms. Prerana Bhojar compeered the program. Ms. Nikita Patle introduced Dr. Tirpude. Vote of thanks was delivered by Ms. Snehal Apturkar. **Dr. Ratnnadeep Sawant**, Assistant Prof., Dept. of Chemistry was the program coordinator.

American Chemical Society International Student Chapter members and Chemical Society Members of M.Sc. 2nd year Ms. Prerana Bhojar, Ms. Snehal Apturkar, Ms. Richa Jaiswal, Ms. Tejaswini Hinge, Mr. Luv Gupta, Mr. Damodar Maskar and B Sc students Ms. Nikita Patle and Mr Rithwik Uikey took efforts in making the program successful under the guidance of Dr. Deepa Panhekar. Around 100 students attended the lecture.



Dr. Tirpude speaking



Prof. R V Patil , Principal speaking



Dr Deepa Panhekar speaking



Organizing Team